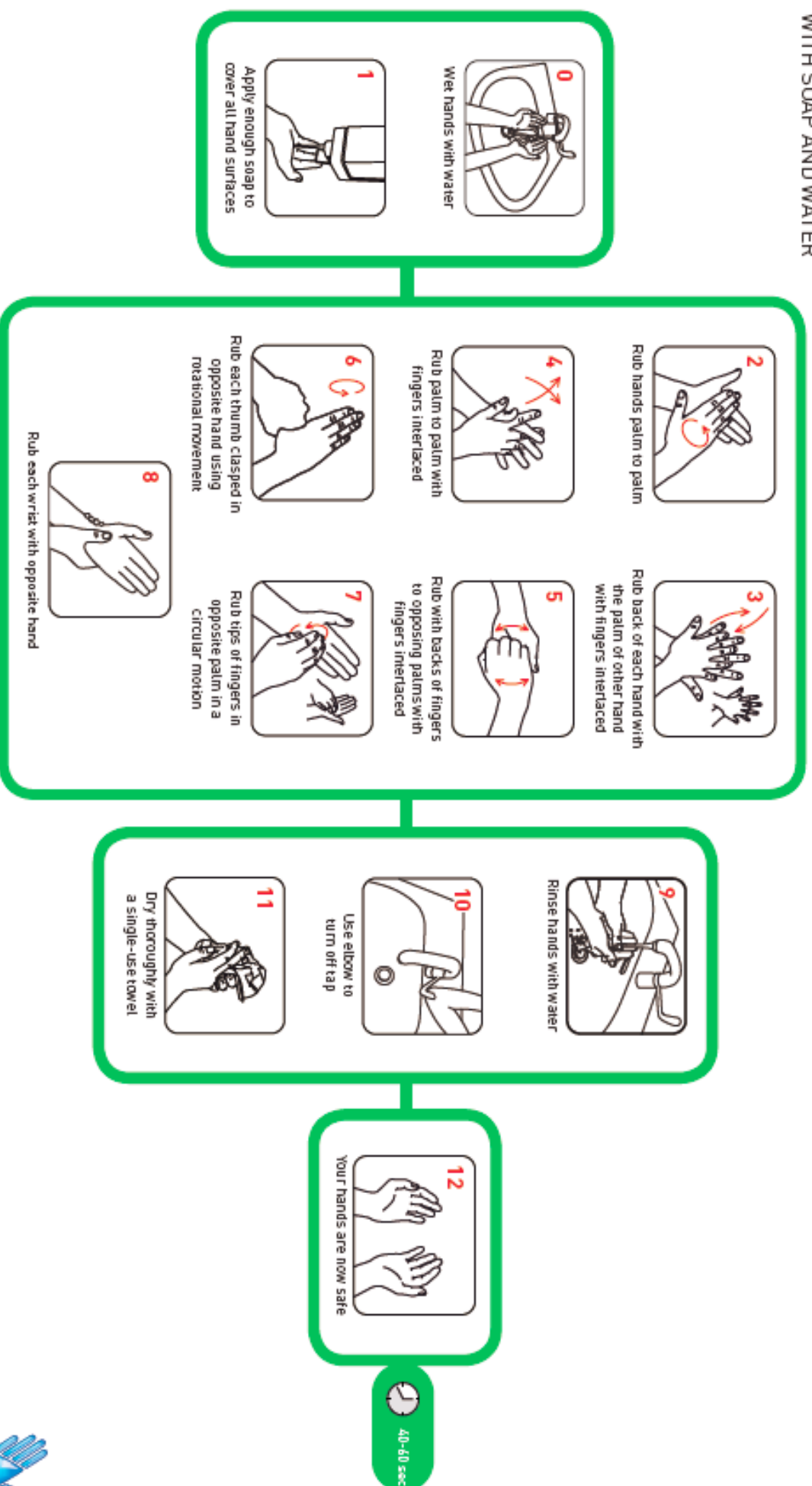


# HAND CLEANING **TECHNIQUES**

## How to handwash?

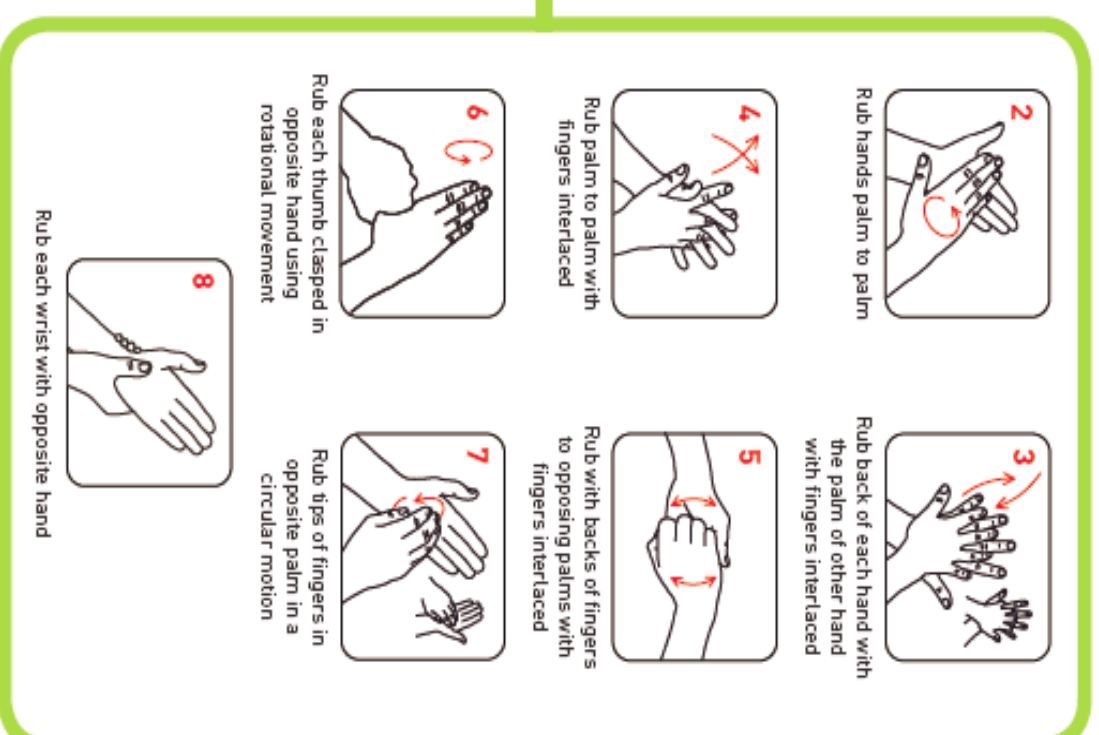
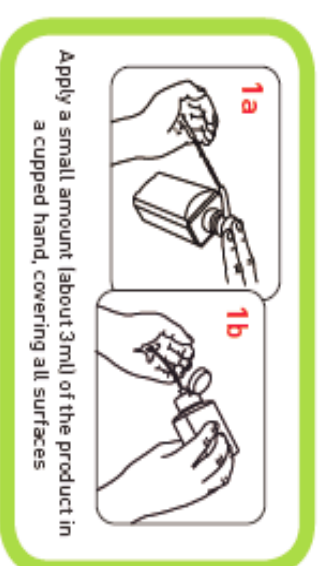
WITH SOAP AND WATER



## HAND CLEANING TECHNIQUES

### How to handrub?

WITH ALCOHOL HANDRUB



20-30 sec